



## November 2025

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[www.llanpumsaint.org.uk](http://www.llanpumsaint.org.uk), email [info@llanpumsaint.org.uk](mailto:info@llanpumsaint.org.uk).

Please send articles to [info@llanpumsaint.org.uk](mailto:info@llanpumsaint.org.uk) or [sara.ward4@btinternet.com](mailto:sara.ward4@btinternet.com)



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Welcome everyone to the November issue of the Village Voice. Where has this year gone? It seems like only yesterday that we were basking in the sun, having had good weather through the summer for a change.

Thank you to everyone for your contributions for this edition. It never ceases to amaze me how much we have going on in such a comparatively small community and so our gratitude goes to all those who organise clubs, events and maintain the facilities in the village.

At the Christmas Fayre on the 22<sup>nd</sup> November we will be officially launching the new Llanpumsaint website. It will have a completely new look, hopefully be more user-friendly and it is our hope that we will be able to use this resource to promote events and celebrate achievements with a new look news and events page. Of course, this will depend on you, our readers, letting us know of anything that is going on or any news you want to tell the community. Just send us an email and we will update the website accordingly. We are still looking for any photographs, old and new, that we can include on the website. Additionally, as much of the information on the new website is based on the current site, we would really appreciate it if you spot any errors or things that need amending, if you could let us know.

All of us at the Village Voice would like to wish our readers a very Merry Christmas and may 2026 bring you health and happiness.

Contact me at: [sara.ward4@btinternet.com](mailto:sara.ward4@btinternet.com)

**Sara Ward**

## Dates for your Diary

- Sunday 9<sup>th</sup> November, **Remembrance Service**, Llanpumsaint Hall 10.45am
- Friday 14<sup>th</sup> November, **Singalong**, 7 – 9.30pm in Village Hall
- Friday 21<sup>st</sup> November, **QUINGO Finals**, 7pm for 7.30 start in Village Hall
- Saturday 22<sup>nd</sup> November, **Christmas Fair**, 10 - 1 Llanpumsaint Village Hall
- Saturday 22<sup>nd</sup> November, **Rugby Bar (Wales v New Zealand)**, 3pm Village Hall
- Friday 5<sup>th</sup> December, **Bar**, 5pm Llanpumsaint Village Hall
- Friday 5<sup>th</sup> December, **Christmas Tree Light-up and Mulled Wine**, From 6pm Village Hall
- Friday 12<sup>th</sup> December, **Christmas Movie Night** 6pm Llanpumsaint Church
- Friday 12<sup>th</sup> December, **Christmas Singalong**, 7-9.30pm in Village Hall
- Saturday 13<sup>th</sup> December, **Mulled Wine & Minced Pies** 7pm Llanpumsaint Church
- Friday 19<sup>th</sup> December, **Christmas Party Quiz and League Finals**, 7.30-10pm Village Hall
- Friday 19<sup>th</sup> December, **Blue Christmas** 1-6pm Llanpumsaint Church
- Sunday 21<sup>st</sup> December, **Carol Service** 4pm Llanpumsaint Church
- Wednesday 24<sup>th</sup> December, **Christmas Eve Eucharist** 9pm Llanpumsaint
- Wednesday 24<sup>th</sup> December, **Santa Parade around the Village** times tbc
- Wednesday 24<sup>th</sup> December, **Christmas Eve Bar** in the Hall after Santa Parade
- Thursday 25<sup>th</sup> December, **Christmas Day Service** 9am Llanpumsaint Church (United Service)
- Friday 9<sup>th</sup> January, **Singalong**, 7 – 9.30pm in Village Hall
- Friday 16<sup>th</sup> January, **New Year Big Quiz**, 7pm for 7.30 start Village Hall
- Wednesday 28<sup>th</sup> January, **Bingo Night** for Llanpumsaint School PTA 6pm in Village Hall
- Friday 13<sup>th</sup> February, **Singalong**, 7 – 9.30pm in Village Hall
- Friday 20<sup>th</sup> February, **QUINGO returns**, 7pm for 7.30 start in Village Hall

## Regular Weekly Events

- **Short Mat Bowls**, Village Hall, **Mondays & Thursdays**, 7.30 – 9.30pm
- **Pop-up Café**, Llanpumsaint Church, **Tuesdays**, 11.30am – 2.00pm (last orders)
- **Line Dancing**, Village Hall, Beginners' Class on **Tuesdays**, 7 – 8pm
- **Circuits Class**, Village Hall, **Wednesdays** 7-8pm and **Sundays** 10 – 11am.
- **Social Hub**, Village Hall, **Thursdays**, 10am – 1pm; arts, crafts, cards, table tennis and more followed by homemade refreshments. All very welcome

## Faith Events – All Welcome!

- **Llanpumsaint Church**: Holy Eucharist 9am Sundays  
Contact: Christine Jameson, Vicar's Warden 07949 038128  
[Llanpumsaintchurch@outlook.com](mailto:Llanpumsaintchurch@outlook.com)  
Facebook page: Llanpumsaint Bronwydd and Llanllawddog Churches

### Canon Marianne Dates

Cathedral Residence 6th Nov- 12th November

Church Committee Meeting 10th November 7pm Llanpumsaint Church

Final LMAC of the year 26th November venue tbc.

- **Caersalem Chapel:** For details of services, please contact Mrs Eleri Morris (Secretary) 01267 253895
- **Ffynnonhenry Chapel:** For details of services, please contact Danny Davies (Treasurer) 01267 253418 or Mr Gwyn Nicholas (Secretary) 01267 253686
- **Nebo Chapel:** For details of services, please contact Meinir Jones (Secretary) 01267 253532

### **Weekly Village Services**

- Monday **Carwyn's Fruit & Veg and Gelato 44** Llanybydder
- Tuesday 2 – 3.45pm **Post Office Van** (opposite pub)
- Alternative Wednesdays 3.30 – 5.45pm **MiMobile Vet** outside Village Hall. Call 01267 220404 to make an appointment. Next dates: [26th November](#).
- Wednesday 11.15 – 12.15am **Library Van** (11.15 – 11.45am Village Hall and 11.45 – 12.15pm opposite pub) every 3 weeks (same week as black bin bags).  
Next dates: [19th November](#).
- Wednesday **Baker** household delivery (Tel 07971 740505)
- Wednesday **Carwyn's Fruit & Veg** Door-to-door sales (Tel 07907 727511)
- Thursday **Carwyn's Fruit & Veg** box delivery and door-to-door sales in Llanpumsaint (Text order by 10pm Wednesday 07907 727511)
- Thursday **Carwyn's Fruit & Veg and Gelato 44** box delivery and door-to-door sales in Llanpumsaint (Text order by 10pm Wednesday 07907 727511)
- Friday **Carwyn's Fruit & Veg and Gelato 44** box delivery and door-to-door sales from Peniel to Llanllwni including Pencader and Llanfiangel ar Arth and Llandysul (Text order by 10pm Wednesday 07907 727511)
- Friday **Post Office Van** 1 – 3pm (opposite pub)

### **Additional Services**

A free Wi-Fi service is available inside and outside the Llanpumsaint Community Hall (thanks to funding from the Brechfa Wind Farm). Password: **BrechfaFund@1**

To enquire about Hall bookings, please send an email to:

[llanpumsainthallbooking@gmail.com](mailto:llanpumsainthallbooking@gmail.com) or phone **01267 253028**

### **Locations of Defibrillators in Llanpumsaint**

All available 24/7. Cabinets are unlocked.

**Outside Village Hall SA33 6BZ**

**Outside Railway Inn SA33 6BU**

**On wall outside Henfryn, Ffynnon Henry SA33 6LD**

**Outside Vestry Nebo SA33 6HN**

## **2 Llanpumsaint Allotments**

Hello all,

We are pleased to announce that work on the damaged polytunnels are due to start very soon. Thanks again to Brechfa Forest Wind Farm.

So, it's now time to embrace the winter harvest!

We are offering allotment plots to those who want to grow seasonal crops or just to enjoy some fresh air during the colder months.

For more information please contact -

Eirian Williams on 07896 050283 or Sarah Moore on 07811 288104

## **3 MacMillan Coffee Morning**

The MacMillan Coffee Morning on 25th September was hosted by the Thursday Social Hub. It was such a successful morning, so many of you popped along for coffee and cake. We are very grateful to all of those who attended and donated cakes (so many impressive bakers in our community) and raffle prizes. Thanks also to those who couldn't come but donated money.

Thanks to your generosity we raised £680 for this amazing cancer charity; so many of us will have had first-hand experience of their services, support and care for loved ones.

We would like to say a huge thank you to our Social Hub volunteers for setting up and hosting the Coffee Morning.

Debbie Kelly





## 4 Thursday Social Hub at the Village Hall

At the Thursday Social Hub this term Christmas has come early as we make items and prepare for our table at the Village Hall Christmas Fayre in November.

We have been busy little elves, making Christmas tree ornaments (there's a definite owl theme!), tea light holders, cork reindeer (thanks to our head technical elf) felt ornaments and origami table placements.

The Social Hub is such an important part of our week, where we get together, socialise, craft or just chat over a hot drink and a piece of cake. If you prefer, you can bring along your own creative project or if you just want to pop in for a cuppa and a chat you will be warmly welcomed. Suggested weekly cost is £2.50 and we provide lunch fortnightly with the option to bring your own food on the other weeks and enjoy your lunch in company.

The Hub runs from 10-1pm every Thursday. Our last meeting this year will be on the 18th December, where we will enjoy a Christmas sharing lunch, and we reconvene on the 8th January 2026. For information on what we are up to, please look out for Pauline's weekly Face Book posts.

Debbie  
Kelly




## 6 St Cynwyl, St Llawddog & Llanpumsaint Churches Newsletter Sept/Oct 2025

Dear Friends,

It's been a busy few months with committee meetings, planning for our P4G assessments, holidays and our usual fellowship & fundraising activities. The pop up & play sessions sadly didn't take off with just 2 or 3 of our regular youngsters coming to play. One afternoon we had to go home because it was too hot to be out in the afternoon sun! Perhaps we'll try again next summer, I'll Hopefully know more families by then.

Summer has ended, no question. I look at the torrential rain outside the chaplaincy window, and I ask God for some inspirational words, sitting at my PC. I know that I look forward to the more restful autumn and winter months when all has been safely gathered in. This is the time when we bring to fruition the mission we have planned for the final quarter of this



**Eglwys Llanpumsaint Church**  
**Tymor yr Adfent a'r Nadolig**  
**The Season of Advent & Christmas**

**13th December Mulled Wine & Minced Pies 7pm**  
**I'LL HAVE A BLUE CHRISTMAS WITHOUT YOU**

Christmas is a time of great joy and also sadness, we miss those who have been a big part of our lives and sometimes want to give the whole season a miss. If you need a quiet space to remember or just be for a little while our church will be open for a hot drink and a friendly face on Saturday 20th December 1-6pm. Help us fill our tree with angels and lights to remember our loved ones are always with us.

**Canon Marianne**

**21st December Carols by Candlelight 4pm**  
**24th December Christmas Eve Service 9pm**  
**25th December Christmas Day Service 9am**  
**marianneosbourne@cinw.org.uk**



**Nadolig Nosos Ffilm I'r Telu**  
**Christmas Family Film Night**

Rhagfyr Rhad ac am ddim  
December Free

Eglwys Cynwyl Elfed  
Dydd Iay/ Thursday 11th 6yh/pm

Eglwys Llanpumsaint  
Dydd Gwener/Friday 12th 6yh/pm

Eglwys Llanllawddog  
Dydd Gwener/Friday 19th 6yh/pm

year.

I think it's true to say that our P4G assessments weren't as worrying as we thought they would be. I'd like to thank you all for the work that you've put in as church communities in planning for the future. It will be important to keep a close eye on our energy levels and our bank accounts, let's keep the enthusiasm going, it's going to be hard work but good work. We must be prayerful and rely on God to guide and strengthen us.

Communication will be key moving forward, we must get info out into our villages; this is everyone's responsibility. We must also make a big effort to

attend community events as the church family, so we are playing an active part in community life. This will help us to grow relationships and even encourage a few more people into our worshipping community, and fundraising efforts.

Please try to support one another and as many of our events as you are able to, we are a Trinity of country churches with similar issues and concerns. Our strength needs to be in our unity.

In Christ, Canon Marianne

## **7 Eglwys Llanpumsaint Church**

Dear Friends,

Llanpumsaint church has stood proudly in this village since the 6<sup>th</sup> century, it's an important historical and spiritual landmark. If the stones of the church could speak, they would tell of life and death, of unions, and of Gods family. Over the years our church has been a lifeline in times of trouble, a space for thanksgiving and celebration in good times. Its door is always open to friends old and new. Over the last few years, our congregation has reduced in size, however, we remain devoted to being the body of Christ as a part of the wider community of Llanpumsaint. Being a small congregation means we have to work hard to maintain our mission projects, ministry, and fundraising to ensure our building remains in good order, and our bills are paid. At the beginning of this year, the Diocese of St Davids began to look at all of the church of Wales worshipping communities across our diocese, the initiative is called pruning for growth. An initiative created in response to the financial position all churches find ourselves in, as so many local organisations are. We as the nine churches in our Local Ministry area, Bro Caerfyrddin, have spent time looking at ourselves from a missional, worshipping, and financial point of view to establish a plan to enable us to hopefully continue to be a part of the communities in which we as the people of God serve. Here in Llanpumsaint, we are struggling to survive and estimate that closure may have to occur within the next two years if we cannot improve our financial position and increase our numbers. We wanted to let you, our community, know of our struggles.

If you wish to support us, please consider becoming a part of our family; joining us in all that we are. If you feel becoming a part of our church family isn't for you, please do consider attending one of our fundraising events, they are full of friendly people, good things to eat and sometimes items to purchase.

This sadly is the situation that many churches currently find themselves in, this year our running expenses will total £18,500 and our reserves are diminishing, we cannot see any other way forward but to ask for your help and support so that our doors may remain open here in Llanpumsaint.

***Bendith Y Tymor***

Canon Marianne Osborne & the parishioners of Llanpumsaint Church



## 8 The Singalong Group

The Llanpumsaint Singalong group are still meeting on the second Friday evening of the month in the Memorial Hall to listen to some great music from the 60s, 70s and 80s, with some from the 50s and 90s thrown in to cover all age groups. The dates for upcoming Singalongs are as follows:

- Friday 12th December 2025. 7pm - 9.30pm
- Friday 9th January 2026. 7pm - 9.30pm
- Friday 13th February 2026 7pm - 9.30pm

We ask that you bring your own drinks, snacks and glasses, £2.50 towards hall hire which includes a chance to win a prize.

We will be celebrating Christmas at the 12th December event where refreshments and mulled wine will be provided. We will have a brilliant selection of Christmas music to listen to and hopefully sing along with helping to get us into a cheery spirit for the season. Most importantly, we are using the event to help financially support our favourite causes, namely West Wales Poundies and The Sheepdog/Collie Rescue and Rehabilitation Centre. Hopefully we will raise funds to lighten their heavy burden and bring some Christmas cheer to the dogs they rescue. We will be holding a raffle, all donations gratefully received, donating all entrance monies and in the process of helping out, having a jolly good time.

Can I just re iterate that it is certainly not compulsory to sing at Singalong. A few people come to listen, tap their feet and jig along with the brilliant music while kickstarting the weekend vibe. Mind you, I bet you won't be able to resist joining in with the singing. I look forward to meeting up with Singalongers old new to rock us into 2026! 🎵 🎵

Carolyn Atkinson

## 9 Llanpumsaint Community Council

The next ordinary meetings are 13th January, and 10th March 2026 which will be held in the meeting room of the hall. These meetings will be held in English. However, if you wish to attend to listen to the proceedings and prefer to hear it in Welsh, please contact the Clerk at least 10 days before the meeting to arrange for a translator to be present. Thank you.

**Angela Bearman**

Clerk to Llanpumsaint Community Council

[llanpumsaintclerk@outlook.com](mailto:llanpumsaintclerk@outlook.com)



## 11 Llanpumsaint School PTA



The annual PTA bingo will be held on the 28 January 2026 in Llanpumsaint Hall. Starting at 6pm we look forward to seeing you all. Cash prizes to win!

Before then the annual Christmas Squares will be sold and then drawn at the School Christmas concert on 9 December 2025. Keep an eye out on the village social media pages or contact any school parents if you'd like to buy a square.

Gwyneth Ayres

## 12 Clwb Gwili Over 60's Club

Our Guest Speaker for the meeting on Monday 28th July was Mrs Michelle Fecci Evans who featured as a contestant on series ten of The Great British Bake Off and was Star Baker of cake week.

She is bilingual, Welsh being her first language, and grew up on a farm in Carmarthenshire in Wales. Members were fascinated with her descriptions of her pre-interviews before she was accepted as a contestant. Michelle has also written a book The Seasonal Baker contains a collection of recipes straight from Michelle's kitchen to yours – from quick-and-easy bakes to others that are a bit more challenging – with an emphasis on special events such as Easter, Halloween and Christmas. It will also include ways of being thrifty, and hints and tips on how to grow your own food.

**Sandy Mather**

### Next Meetings:

- Wednesday 10th December 2025: Christmas Dinner at Ffostrasol Arms, Llandysul
- Monday 26th January 2025: Annual General Meeting
- Monday 23rd February 2025: St. David's Day Celebrations

Meetings start in Bronwydd Hall at 2pm and the Car Park is usually very busy!

For further information call the Secretary Val Giles on 01267 281194

## 13 The Quiz

It's coming to the end of the year and so everything is reaching a climax in the Quiz.

On November 21st it is the final QUINGO of the year and, as the jackpot has rolled over all year, it means that we have a final prize of £100 which must be won! A very nice Christmas bonus for one team. Pre-booking will be essential for this one so to ensure that your team can be in with a chance of winning make sure that you book early as we will be limiting the number of teams to a maximum of 15.



On December 19th it will be the final Christmas Big Quiz of the year when the overall league winners will be decided. As usual there will be spot prizes with extra prizes for best Christmas jumpers, teams and individuals. With it being so close to the big day itself it could be your last chance to catch up with friends and neighbours before Christmas itself so there is always a bit of a party atmosphere at this one.

As usual we had some spooky fun in the October Quiz. The teams all went to great lengths in their fancy dress. Congratulations to No Dogs in the Park who won best team with their Harry Potter theme.

Thanks to everyone who has attended over the last couple of years we should, fingers crossed, reach the £1,000 mark in total funds raised for the Memorial Hall.

In January we will be kicking off a new year of quizzes and QUINGO with the first Big Quiz on January 16th and QUINGO on February 20th. As always, we try to keep things fresh so look out for some new rounds and ideas for 2026!

It only leaves us to wish everyone a very Happy Christmas and may 2026 bring you health and happiness and refreshed quizzing brains!

***Sara and Darrell***



## **14 LLANPUMSAINT & NEBO SHORT MAT BOWLING CLUB**

Following 2 Clubs withdrawing from the Carmarthenshire Bowls League before the start of the season, the Club has remained in Division 1. As we approach the end of the first half of the season, we have played 5 out of 9 games to date with 3 good wins and 2 narrow losses and currently sit second in the League. The league will take a break over Christmas before we recommence the fixtures on the 14th of January with an away match against Llandyfaelog.

The league fixtures and results are available on the Carmarthenshire Short Mat Bowls website [carmarthenshireshortmatbowls.org.uk](http://carmarthenshireshortmatbowls.org.uk)

Jill, Catrin, Andrew, Kieran and Theresa represented the Club at the County Fours tournament in Carmarthen in November. The Club hope to have a strong representation at the County Singles, Pairs and Triples competitions during the next few months.

Don't forget to check out our Facebook page where you will find up to date information on the Club.

The Club meets in the Hall for practice on Monday and Thursday evenings from 7.30-9.30 p.m. until the end of April. New players are always welcome between the ages of 11 and 99, we have qualified coaches on hand to provide help and encouragement.

For further information please phone our Chair Derick Lock on (01267) 253524 or our Secretary Jill Edwards on (01267) 253474

The Club would like to wish both former and current members a very Merry Christmas and a Happy, Healthy and Prosperous New Year.



## **5 Seasons Greetings**

Seasonal greetings from Vi and Dave Robinson

Sending best wishes to our friends and neighbours in and around the village. Also, the same wishes to all village newcomers. This is a wonderful village to live in, warm and very friendly. Enjoy.

Merry Christmas and a prosperous New Year.

Instead of sending Christmas cards we will be making a cash donation to the Village Voice newsletter.

Stay safe and well.

***Vi and Dave.***



## 15 Llanpumsaint and Ffynnonhenry Memorial Hall

The hall continues to be a well-used resource in the village, with regular bookings almost every night of the week and Sunday mornings.

We are very pleased to welcome back Lorraine, our Line Dancing instructor. Whilst she was receiving medical treatment during the last year, Heather kindly stepped in to keep the class moving. Lorraine is welcoming new people to join the classes which are held on Tuesday evenings from 7-8 pm. They are good fun and excellent exercise for all ages.

If you are looking for something which gets your heart racing and shoulders and knees aching, why not try out Lee's circuit sessions which are held on Wednesday evenings (7-8 pm) and Sunday mornings (9-10 am).

The Freddie Mercury tribute night was very well-supported with around 100 people enjoying the music and the fish and chips provided by Street Chef. Freddie didn't disappoint and everyone knew the words and sang along. The event raised £1,204 for the hall funds.

*Clare Bishop*



Forthcoming events:

- **Christmas Fair on Saturday 22nd November from 10 am to 1 pm.** There will be over 20 stalls, selling an interesting range of items from Christmas wreaths and table decks, to homemade cakes, fudge, jams and honey, to various crafts, jewellery and children's clothing.
- **Christmas tree light-up and carols on Friday 5th December starting at 6 pm.** All are very welcome to this enjoy this annual event with mulled wines and bites, organised by the Community Council.





# FFAIR NADOLIG



## CHRISTMAS FAIR

NEUADD LLANPUMSAINT HALL

22/11/2025

10:00-13:00

Mynediad am  
ddim

Free entry

Crefftau, cacennau, raffl a mwy.  
Crafts, cakes, raffle and more.





## **16 Llanpumsaint Biodiversity**

### **Wonderful Fungi**

Autumn is the time of the fungi. They rise up from the earth, mysteriously, in a myriad of shapes, sizes and colours. They are the digesters of everything that lives and dies. Without fungi, we would be buried beneath vast mountains of putrid dead plants and animals. They are nature's great re-cyclers. They create soil, they turn all those leaves, all those dead trees, into nutrients from which new life can sprout.

And yet many people fear them, and think they are poisonous, unless they have arrived on a supermarket shelf. But many wild fungi are edible, and easy to identify. Chanterelles grow under beech trees, are wrinkly and bright yellow. Wood hedgehog is delicious, and the spines underneath its creamy cap make it impossible to mistake. The Cep, or "Penny Bun" has a brown top and yellow sponge beneath.



Many are simply beautiful. The wax-caps which only grow in traditional grassland, can be bright scarlet, orange, yellow or pink, as in the lovely "ballerina" which really looks just like a corps de ballet has landed. Some are spectacular, such as the bright red Amanita with the white spots – not as deadly as its close relative, the Death Cap, which looks quite unassuming. This year, unfortunately, has seen widespread honey fungus, which can eat up not only dead, but also living trees. It can spread for miles, can't be stopped in its tracks until Mother Nature herself does the job. If you're interested, get a good guide and learn to identify the toxic ones first and then the edible ones.

Ann Pettitte

## **10 Llanpumsaint Welfare and Recreation Association (LLW&RA)**

Another big thank you to all that supported our annual Treasure Hunt back in September. A grand total of £258 was raised and includes another generous donation by Carwyn Dickenson 'Gelato 44' for £50.

All money raised is put to good use on the day-to-day upkeep of the park for the whole village to safely enjoy. Recent projects include purchasing the materials for the repair of park entry platform/steps by the bridge excellently done by Tom Eldred who donated his time for free, and the purchase of new football nets which will hopefully last quite a few seasons with some care from the teams.

Future events will be posted on the Llanpumsaint Facebook Group and includes this Christmas Eve 'Santa Parade' through village and finishing with refreshments in the Hall, followed by the 2026 Cawl & Rugby Day, pencilled in for 21<sup>st</sup> February, Wales vs Scotland.

## 17 West Wales Dowzers

Dowsing is an interesting practice almost anyone can learn. It's thought to have originated in Egypt or even earlier. Many companies use the services of experienced dowzers to search for water, minerals, oil, electricity cables etc. Some dowse the safety of their food, or check for geopathic stress in the area, but this is a personal belief not yet scientifically proven. Want to learn? Our field trips are best, or we may have time after a meeting.

Meetings are held on Sundays at 1.45pm for a 2pm start at Bronwydd Hall. On Sunday September 28<sup>th</sup> our speaker was with Phil Cope, Cardiff born, photographer and author of many books including the Holy Wells of Wales. We heard about the characteristics of Well Spring Sites such as a natural spring may have been the first mirror with usually a settlement nearby. Most springs never freeze or run dry but just ebb and flow. Some have 'white water' others have 'red water' according to the minerals deep underground. Pilgrim routes often include well springs and pilgrims will make a special visit. Pagans believed they were protected by powerful natural spirits and Pagan sites of worship were recognised by early Christian Missionaries which then became Holy Springs such as St. Winifrid's in Holywell, Flintshire. Even today trees surrounding the sites can be seen with rags or 'clouties' tied to their branches. If you would like to learn more, you can find Phil's books on Amazon including 'Living Wells of Wales'.

Sandy Mather

### Next Meetings:

- Sunday November 23<sup>rd</sup> Astrology of the Now with Ros Briagha, Speaker Secretary/Asst. Treasurer and long-term member of the Club.
- Sunday January 25<sup>th</sup> 2026 Shelley Underhill Savage with Sound Healing.
- Sunday February 22<sup>nd</sup> To be confirmed
- Sunday March 22<sup>nd</sup> AGM

Please call Sandy on 01267 253547 for information.

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